SPRINEVS EDUCATION UPDATE | FALL 2021





NEW CLASS OF FELLOWS WELCOMED AT SPRI

Each year, Steadman Philippon Research Institute (SPRI) welcomes a new class of clinical fellows to Vail where they train under an elite team of attending surgeons and leading scientists. These fellows are some of the best and brightest young orthopaedic surgeons, who spend their year in Vail learning the latest innovative orthopaedic techniques and treatments. Under the mentorship of world-class orthopaedic surgeons, fellows not only learn surgical techniques, but also base their training in research and learning to care for patients.

In July 2021, the teams at SPRI and The Steadman Clinic bid farewell to the 2020–2021 class of clinical fellows and welcomed the 2021–2022 cohort. The new class includes eight fellows in the Accreditation Council for Graduate Medical Education (ACGME)-accredited Sports Medicine Fellowship, alongside a Foot & Ankle Fellow and Hip Preservation & Reconstruction Fellow.

International Scholars Return to Vail

In addition to SPRI's clinical fellowships, the institute hosts several international physicians who come to Vail to participate in research. These scholars work closely with SPRI's scientists and research teams, and when they return to their home countries, they practice the evidence-based medicine they learned during their time in Vail. This year, international research scholars from Japan, Thailand, Switzerland and Germany have joined the SPRI team in Vail.

EDUCATING FELLOWS AND SCHOLARS AT SPRI IMPROVES PATIENT OUTCOMES AND ENSURES THAT VITAL RESEARCH ADVANCES ORTHOPAEDIC CARE IN COMMUNITIES AROUND THE WORLD.

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IN DECEMBER 2020, THE STEADMAN CLINIC OPENED A NEW PRACTICE LOCATION IN ASPEN VALLEY HOSPITAL, EXPANDING ITS FOOTPRINT IN THE MOUNTAIN WEST. THE STEADMAN CLINIC, ASPEN INCLUDES THREE PHYSICIANS FROM THE ACQUIRED ORTHOASPEN PRACTICE ALONGSIDE TWO RECRUITS: DR. JARED LEE AND DR. JOSEPH RUZBARSKY. DRS. LEE AND RUZBARSKY ARE FORMER FELLOWS OF SPRI'S ACGME-ACCREDITED SPORTS MEDICINE FELLOWSHIP, JOINING SEVERAL OTHER PHYSICIANS WHO WERE ONCE SPRI FELLOWS—DRS. RANDY VIOLA, PETER MILLETT, TOMMY HAYTMANEK, JON GODIN AND JOHN PELOZA, WHO SERVED AS A FELLOW TO DR. STEADMAN IN LAKE TAHOE BEFORE HE MOVED HIS PRACTICE TO VAIL.

r. Lee, who serves as Medical Director of The Steadman Clinic, Aspen, established a successful practice in Cody, Wyoming before joining The Steadman Clinic last December. He indicated that because of the level of training he received while in his sports medicine fellowship, he'd developed a reputation as a surgeon who could do a breadth of procedures and complex cases. "I bet Dr. Lee can do that,' is something I got used to hearing," said Dr. Lee, "and it's because of the training I received from the best surgeons in every specialty."

Dr. Ruzbarsky is the newest physician to join The Steadman Clinic, and had the unique experience of completing his Sports Medicine Fellowship and returning for an additional year to complete his Hip Preservation & Reconstruction fellowship under the mentorship of Drs. Marc Philippon and Joel Matta. "The second year was invaluable, because I had a comfort level with the surgeons, the team; I was really able to build off of my first year...I used it as a springboard to keep going and develop my research and surgical skills at an exponential pace."

"Number one, and this is really based upon Dr. Steadman's philosophy: take great care of every patient. Make that your number one priority"

- DR. JARED LEE

LEARNING FROM PIONEERS IN THE FIELD

The SPRI fellowship program attracted Dr. Lee not only because of the skilled surgeons that served as attendings, but also the prolific research opportunities. "There is an infrastructure for research that you just don't find anywhere else. All of these surgeons—pioneers—root their practices in research, and really commit to practicing evidence-based medicine." During his fellowship year, Dr. Lee had the opportunity to work alongside Dr. Richard Steadman at the end of his career, "which was a great honor," he shared.



Dr. Jared Lee, Medical Director for The Steadman Clinic, Asper

Both Dr. Lee and Dr. Ruzbarsky took many key takeaways from their time at The Steadman Clinic and SPRI that continue to help them in their own practices. "Number one, and this is really based upon Dr. Steadman's philosophy: take great care of every patient. Make that your number one priority," Dr. Lee said. "At every encounter, don't be thinking about the next one, put your patient first and focus in on that patient. Dr. Millett once told me and it stuck with me, 'your patients are your greatest resource,' and I believe that's true."

Dr. Ruzbarsky said that one of the things he admired about the faculty is that "regardless of how long they've been in practice or how long they've been in the field, they continue to ask questions and investigate them. And we're lucky with the resources we have with our labs, to actually be able to find answers." He added, "it's one thing to ask the questions and do the research and get results. It's another thing to evolve, to make meaningful changes in your practice to benefit the patients."

DIFFERENTIATING EXPERIENCES SET SPR FELLOWS APART

Dr. Lee shared that the impactful experiences he had during his fellowship extended beyond the clinic and operating room. "The involvement of the fellows with the U.S. Ski & Snowboard Teams was truly amazing," he shared. "I was in my first month here and I was able to travel to New Zealand and work closely with the top U.S. Women's Snowboarders. It was such an incredible experience as a young physician to work with these athletes in such a unique location."



Dr. Lee, his wife and children during his fellowship year at SPRI

As a recent fellowship alumnus, Dr. Ruzbarsky shared that one of the things he thinks about when beginning his career is his mentors' commitment to discovery. "They're not afraid to think outside the box and be an innovator. So many people in this clinic have really changed the way we practice, from hip arthroscopy to replacement, to shoulder surgery. There are countless examples of how these physicians may have taken a leap, and they've made our field better."

A NEW LEGACY BEGINS

Dr. Lee was in the operating room in Cody, Wyoming, when he received a phone call from Vail. When he checked his voicemail, it was Dr. Philippon, explaining that there was a new Steadman practice in Aspen and he wanted him to join as the medical director there.

"When I first heard his message I thought, 'oh, this is going to be a tough decision." Dr. Lee had established a thriving practice and set roots in Wyoming. But when he considered it: "To have the opportunity to come back and work with The Steadman Clinic is a once in a lifetime opportunity. To be colleagues and peers with your previous mentors—it's just been an amazing opportunity and experience, to improve yourself and push yourself to the next level in your career...It was an offer I couldn't refuse."

Now nearly a year into The Steadman Clinic, Aspen, the former SPRI fellows are busy seeing patients in their Aspen clinic. Dr. Lee looks to his mentors for inspiration in helping to shape the Aspen practice. "I am proud to model this clinic in the Steadman way," he shared, "we can mirror the incredible practice in Vail and make Aspen the next name in orthopaedics."

THE STEADMAN CLINIC IS OPENING A NEW CLINIC LOCATION AND AMBULATORY SURGERY CENTER IN BASALT, COLORADO (20 MINUTES FROM THE ASPEN LOCATION) TO PROVIDE MORE OPPORTUNITIES FOR PATIENTS IN THE ROARING FORK VALLEY AND WESTERN SLOPE. THE NEW LOCATION PLANS TO WELCOME PATIENTS IN MARCH 2022.

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2021-2022 CLINICAL FELLOWS

2021-2022 SPORTS MEDICINE FELLOWS



KENT C. DOAN, MD

Undergraduate: University of Missouri, Kansas City Medical School: University of Missouri, Kansas City Residency: University of Colorado



CHARLES A. SU, MD, PHD

Undergraduate: Case Western Reserve University Medical School: Case Western Reserve University **Doctorate:** Case Western Reserve University; Cleveland Clinic

Residency: University Hospitals/Case Western



MICHAEL J. FOSTER, MD

Residency: University of Maryland

Undergraduate: Mount St. Mary's University Medical School: University of Maryland School of Medicine



MATTHEW LOUIS GEORGE VOPAT, MD

Undergraduate: University of Kansas Medical School: University of Kansas Residency: University of Kansas School of Medicine - Wichita



TOUFIC R. JILDEH, MD

Undergraduate: Michigan State University Medical School: Wayne State University

School of Medicine

Residency: Henry Ford Health System



STEPHEN W. YU, MD

Undergraduate: University of Michigan Medical School: Wayne State University

School of Medicine Residency: NYU Langone



JORDAN L. LILES, MD

Undergraduate: Western Illinois University Medical School: Loyola University Chicago

Residency: Duke University



2021–2022 FOOT & ANKLE FELLOW



PARKER P. DUNCAN, MD

Undergraduate: University of Memphis Medical School: University of Tennessee Health Science Center College of Medicine

Residency: Campbell Clinic

TREVOR J. SHELTON, MD, MS



HEATH P. MELUGIN, MD

Undergraduate: Missouri State University Medical School: University of Kansas Residency: Mayo Clinic



2021-2022 HIP PRESERVATION & RECONSTRUCTION FELLOW

Undergraduate: University of Utah Medical School: University of Utah School of Medicine Residency: University of California, Davis Sports Medicine Fellowship: Southern California

Orthopedic Institute

2021–2022 INTERNATIONAL SCHOLARS



MARIA DEY HAZRA, MD

Medical School: University of Leipzia Orthopaedic & Trauma Residency: Hannover Medical School Germany



HARUKI NISHIMURA, MD. PHD

Undergraduate: University of Occupational and **Environmental Health**

Medical School: University of Occupational and Environmental Health, Japan School of Medicine Residency: University of Occupational and Environmental Health, Fukuoka Shin-Mizumaki

Hospital Japan



RONY-ORJIT DEY HAZRA, MD

Medical School: Medical School of Hannover **Trauma & Reconstructive Surgery Residency: DIAKOVERE** Henriettenstift

Orthopaedic & Traumatology Residency: DIAKOVERE Friederikenstift

Germany



VERA STETZELBERGER, MD

Undergraduate: Bilingual Lycée Bartholdi (France) **Medical School:** University of Heidelberg (Germany) Doctorate (in process): University of Fribourg (Switzerland)

Switzerland



PHOB GANOKROJ, MD

Medical School: Chulalongkorn University **Residency:** The Medical Councils of Thailand Fellowship: Police General Hospital, Thai Orthopaedics Society for Sports Medicine, Ewha Womans University Medical Center

Thailand



KOHEI YAMAURA, MD, PHD

Undergraduate: Kobe University School of Medicine Medical School: Kobe University School of Medicine Residency: Rokko Island Konan Hospital, Kobe University Hospital, Himeji St. Mary's Hospital, Steel Memorial Hirohata Hospital, Hyogo Prefectural Central

Rehabilitation Hospital

Japan



KATHRIN KÄPPLER, MD

Medical School: Medical School Charité University Berlin, Germany

Orthopaedic Surgery & Traumatology Residency:

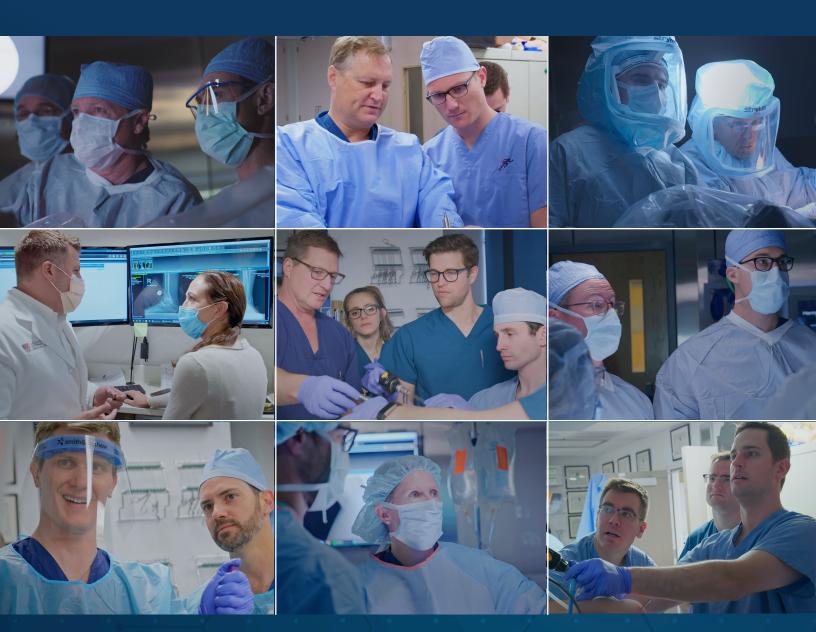
University of Heidelberg Germany

AFTER A HIATUS DUE TO THE COVID-19 PANDEMIC, THE EDUCATION AND PUBLIC OUTREACH COMMITTEE (EPOC) HAS RESUMED ITS YOUTH EDUCATION PROGRAMS.

FOURTEEN MENTORS FROM SPRI'S SCIENCE DEPARTMENTS VOLUNTEER THEIR TIME TO WORK WITH LOCAL HIGH SCHOOL, MIDDLE SCHOOL AND ELEMENTARY SCHOOL STUDENTS TO IGNITE A SPARK FOR SCIENCE AND MEDICINE.

For more information about our research, education programs and how you can support SPRI,

please contact VP of Development Lee Jones at ljones@sprivail.org



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